

Yolanda, Y, (2015). The Correlation of Student Knowledge about Nail Trimming with Clean and Healthy Life Behavior (CHLB) “Nail Trimming” in the whole Elementary School Tamantirto Bantul, Yogyakarta.

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ABSTRACT

Background : School age children (6-12 years old) faced so many complex health problems that relate to the clean and healthy life behavior (CHLB), one of them is nail trimming. The implementation of nail trimming as a form of CHLB performed in school depends on the knowledge and behavior of each individual. Based on preliminary survey, primary school age children have good knowledge but still had not apply the correct way of nail trimming and many of the students still have long and dirty nails.

Objective : This research aimed to know the correlation of student knowledge about nail trimming with clean and healthy behavior (CHLB) “nail trimming”.

Method : The design of this research was cross-sectional. The sampling techniques used in this research were simple random sampling and stratified sampling. So, the total samples were 132 samples. Data analysis used correlation statistical test of Spearman’s Rho in SPSS 16.

Result : The results showed that 67 students (51,1%) have decent knowledge and 64 students (48,9%) found to have good CHLB. The result of statistical test indicated that there was a correlation of student knowledge about nail trimming with clean and healthy behavior (CHLB) “nail trimming” in the whole Elementary School Tamantirto Bantul, Yogyakarta ($p=0.001$ for student knowledge about cutting nail trimming) and ($p=0,001$ for Clean and Healthy Behavior (CHLB) “nail trimming”).

Conclusion : The conclusion of this research was there is a correlation of student knowledge about nail trimming with clean and healthy behavior (CHLB) “nail trimming” in the whole Elementary School Tamantirto Bantul, Yogyakarta. Knowledge and behavior are very important in the implement CHLB.

Suggestion : the suggestion in this research was addressed to the school to provide coaching and monitoring for the students about CHLB “nail trimming” at school.

Keywords : knowledge, behavior, clean and healthy life behavior, cutting nail trimming