

INTISARI

Latar Belakang: Anjuran badan kesehatan dunia (WHO) memberikan Air Susu Ibu (ASI) secara maksimal adalah suatu faktor yang mempengaruhi pertumbuhan baduta, tetapi sampai usia tertentu ASI tidak dapat lagi memenuhi seluruh kebutuhan, karena bayi memerlukan makanan tambahan sebagai pendamping ASI. Makanan Pendamping ASI (MP-ASI) tradisional/ lokal, merupakan sumber gizi masyarakat yang umumnya dikonsumsi oleh bayi dan baduta setempat, yang perlu diperhatikan adalah kandungan gizi, vitamin dan mineral, serta higienitas proses pembuatannya.

Tujuan Penelitian: Mengetahui hubungan jenis Pemberian Makanan Pendamping ASI (MP-ASI) dengan tumbuh kembang baduta usia (0 – 24 bulan).

Metode Penelitian: Penelitian ini merupakan penelitian *observational* pada baduta dengan rancangan *cross sectional*, sebagai subjek penelitian ibu-ibu yang memiliki baduta (0- 24 bulan) baik dalam status menyusui maupun tidak, bertempat tinggal di dusun Kembaran yaitu tepatnya wilayah Puskesmas I Kasihan Bantul, Yogyakarta. Untuk pengambilan data Hubungan Jenis Makanan Pendamping ASI dengan Tumbuh Kembang Baduta dilakukan dengan metode wawancara dan observasi

Hasil: dari hasil penelitian uji statistik menggunakan chi Square diperoleh ada hubungan (1). Antara Waktu Pemberian MP-ASI dengan tumbuh kembang dengan hasil chi square $X^2_{h=18,778}$ $p=0,000$ sehingga nilai p lebih kecil dari nilai $\alpha = 0,05$ ($p < 0,05$) (2). Antara Bentuk MP-ASI dengan Tumbuh Kembang baduta dengan hasil chi square $X^2_{h=18,778}$ $p=0,00$ sehingga nilai p lebih kecil dari nilai $\alpha = 0,05$ ($p < 0,05$) dan tidak ada hubungan antara produk MP-ASI dengan Tumbuh kembang Baduta dengan hasil chi square $X^2_{h=5,167}$, $p=0,076$ sehingga nilai p lebih besar dari nilai $\alpha = 0,05$ ($p > 0,05$)

Kesimpulan: Penelitian ini dapat disimpulkan bahwa ada hubungan yang bermakna antara pemberian Jenis MP-ASI dengan Tumbuh Kembang baduta umur (0-24 bulan), dan tidak ada hubungan produk MP-ASI terhadap Tumbuh kembang Baduta.

ABSTRACT

Background : WHO's advice to give milk of mother maximally is a factor influencing growth of kids under two years old. But, at certain age, milk of mother cannot meet all the needs anymore, as baby needs additional foods, given together with milk of mother. Traditional additional food, is the people's source of nutrition which commonly is consumed by the babies and the under five-years-old-kids. Several things to notice are the nutrients included, such as vitamins and minerals, and hygiene of the making process.

Aim of research : the aim of my research is to know the relation between what kinds of additional food given and growth of under-two-years-old-kids

Methodology of research: this is an observational research with cross sectional plan the subjects are the mothers of under-two-years-old-kids, who are delivering and not delivering milk, who live in Kembaran village, exactly around Puskesmas I Kasihan Bantul Yogyakarta. Data of this research are searched by interviewing and observing.

Result : From statistical research using chi Square test, I found the relations (1) between what kinds of additional foods given and growth of under two-years-old-kids with result from chi square $X^2_{h=18,778}$ $p=0,000$ and then value p little more from value $\alpha = 0,05$ ($p < 0,05$) (2). Between how often the milk of mother is delivered and growth of under-two-years-old-kids with result from chi square $X^2_{h=7,167}$ $p=0,028$ and then value p little more from value $\alpha = 0,05$ ($p < 0,05$) (3). Between how often the additional food is given and growth of under-two-years-old-kids with result from chi square $X^2_{h=5,167}$ $p=0,076$ and then value p little more from value $\alpha = 0,05$ ($p < 0,05$) . And there is not any relations between product of additional food and growth of under-two-years-old-kids

Conclusion : From this research, I can draw a conclusion that there is close relation between what kinds of additional food given and growth of under-two-years-old-kids, and there is not any relations between products of additional food and growth of under-two-years-old-kids.

Keywords : Additional Food Given together with milk of Mother, Growth