## **Chapter One**

#### Introduction

This introduction discusses the background of the study, identification of the problem, delimitation of the research, research question, objectives of the study, significance of the research, and the organization of the chapter. The research of the study explains the reason the researcher is interested in the topic. Identification and delimitation of the problem contain the limitations of the problem being investigated. The research question and objectives of the study describe the specific purpose of the research conducted. The significance of the research is about what and which parties benefit from the results of this study. Finally, the organization of the chapter relates to the outline of the research.

### **Background of the Study**

The impact of Covid-19 is now starting affect in education. The spread of Covid-19 is not only affecting the world economy, but now its influence is also being handled by the world of education (Abidah, Hidaayatullaah, Simamora, Fehabutar, & Mutakinati, 2020). During the Covid-19 pandemic, the impact of educational disruption forced all schools to carry out an online learning system. The Covid-19 outbreak has impacted teaching and learning activities for students and teachers. Activities usually carried out in classrooms in a school environment have now changed to learning at home or commonly referred to as online learning.

Online learning can be used in this condition, because it is internet-based, which means there is no need to come to the class. Therefore, online learning becoming an option because it can be more flexible. In online learning methods, students and teachers are required to adapt a new thing. There are a lot of online learning platform that can be used such as Zoom, Google Meet, Google Classroom, and Microsoft Teams. However, there are many obstacles that students and teachers experienced when using those platforms such as differences in understanding the material, lack of interaction between educators and students, limited internet access (Nabila, 2020), collection of tasks, and have difficulty doing practicum as supporting courses (Wibawa, Kristanti, & Lailia, 2021). Therefore, an online learning system can impact in students' anxiety (Fitriyani & Sucipto, 2021).

Anxiety is an emotional state without a specific object that cannot be observed directly (Walasary, Dundu, & Kaunang, 2015). Anxiety is considered one of the nhibiting factors in learning that can interfere with the performance of one's cognitive functions, such as concentrating, remembering, forming concepts, and solving problems (DW, Stewart; J, de Vries; DL, Singer; GG, Degen; P, Wener, 2006). Several studies discuss student anxiety. However, research that discusses the manifestation of anxiety do the students have in participating online learning activity has not been widely conducted. Therefore, this topic needs to be investigated and discussed to reveal the answer to the question of manifestation of anxiety do the

students have in participating in online learning activitiy and how students can deal with this anxiety.

### **Identification of the problem**

Based on this background, there are several things that can be studied related to the problems faced by students while participating in online learning activities. The first one is differences in understanding the material. Lack of understanding and mastery of the material makes it difficult for students to do the tasks given. The next one is limited internet access. Internet connection is a problem that is quite influential in the online learning process. In addition, unstable network conditions make students afraid of various technical problems. The technical obstacles in question include tasks that are not successfully sent, being late for class and having difficulty listening to the teacher's explanation properly. Therefore, this obstacle can make students anxiety in participating online learning (Oktawirawan, 2020). Given this case, it is essential to research student anxiety in participating online learning activitiy.

## **Delimitation of the problem**

Many factors can support the teaching and learning process. Thus, it is necessary to define the problem so that it is not too broad. This is due to the author's limited time, ability, and energy. Based on the background description, the researcher defines a problem so that the issues to be analyzed are by the expected goals. The subjects used in this study were students' batch 2020 English Language Education class at the private university of Yogyakarta. This study focused on the manifestation

of students' anxiety in participating in online learning activity and students' strategies to deal with that anxiety.

## **Research Question**

The research question for this study is formulated as indicated below:

- 1. What manifestation of anxiety do the students have in participating in online learning activity?
- 2. How do the students deal with that anxiety?

# **Objectives of the Study**

The aims of this study are constructed as follows:

- To find out the manifestation of students' anxiety in participating in online learning activity.
- 2. To find out students' strategies to deal with their anxiety.

## **Significance of the Research**

This research is expected to benefit several parties, such as teachers, students, and other researchers.

**Teachers.** The result of this study becomes additional information for the teachers. From this research, the teachers should control students' readiness in facing online learning so that students can face online learning well. Also, by knowing the information, the teachers can help students reduce anxiety in participating in online learning activity with makesure that students being well-prepares, being relaxed,

asking the students to communication with their friends or teachers, and asking the students to make a mindset.

**Students.** This research gives more information to students with anxiety when facing online learning activity. The result of this study can help students to reduce anxiety in participating in online learning activity. The students can use the strategies such as being well-prepared, being relaxed, communicating with friends or teachers, and making a mindset.

Other Researchers. The theory, findings, and limitations of this study can benefit future researchers to investigate student anxiety in participating online learning. The result of this study can be a reference for other researchers. In order to get enrich the research of this topic, other researcher should use other research methods to obtain richer results in conducting the same research.

### The Organization of the Chapter

The structure of this research is arranged as follows. In the first chapter, the researcher presents the introduction of the study. The researcher presents the research problem formulation and problem boundaries. Then the researcher asks questions and researcher objectives to answer these questions. This chapter also provides benefits to some of the parties already mentioned. Chapter two presents a literature review.

Chapter three focuses on research methodology in collecting and analyzing data.

Chapter four discusses the results and discussion. In this chapter, the results of the research question are explained in detail. Then these results are discussed in this

chapter. Chapter five is the last part of this research. This chapter discusses the conclusions of the study to be carried out.