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Attachments : -

Re : Letter of Accepted (LoA)

Dear Mr/Mrs

Fitri Melanie, Wulan Noviani

Ners Professional Study Program, Faculty of Medicine and Health Sciences, Universitas Muhammadiyah Yogyakarta, Indonesia

Thank you for submitting (Submit) a scientific article published in the Journal KESANS: International Journal of Health and Science, **E-ISSN** (2808-7178), **P-ISSN** (2808-7380). By title:

"APPLICATION OF SLEEP HYGENE AND ELDERLY GYMNASTICS TO SLEEP PATTERN DISORDERS IN THE ELDERLY"

Based on the results of the review, the article was declared **ACCEPTED** for publication in our Journal for Volume 02, Number 10, 2023

The article will be available online at <http://kesans.rifainstitute.com/>

Thus this information is conveyed, and for your attention, thank you.

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Chief Editor,



A.Badru Rifa'i

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