Senior High School Students' Perceptions of the Causes of Anxiety in English Public Speaking

A Skripsi

Submitted to Language Education Faculty as a partial Fulfillment of the

Requirements for the Degree of

Sarjana Pendidikan



By

Ahmad Mufti Rahastyo

20190810105

English Language Education Department
Faculty of Language Education
Universitas Muhammadiyah Yogyakarta

2023

Statement of Authenticity

Name :

: Ahmad Mufti Rahastyo

NIM

: 20190810105

Department

: English Language Education Department

Faculty

: Faculty of Language Education

University

: University Muhammadiyah Yogyakarta

Certify that the *skripsi* entitled "Senior High School Student's Perceptions of the Causes of Anxiety in English Public Speaking" is my own work. I am completely responsible for the content of this paper. Others' opinions or findings included in this *skripsi* are quoted in accordance with ethical standards.

Yogyakarta, October 3rd, 2023

Anmau Mufti Rahastyo NIM. 20190810105

Acknowledgement

First of all, all praise is always delivered to Allah *Subhanahu Wata'ala* as the lord of the world who always blesses and guides me to be able to write this *skripsi* well. *Sholawat* and *Salam* are always given to the noble, prophet of Islam, Muhammad *ShalallahuAlaihi Wassalam* who has guided his followers on how to face life based on Allah's command. This *skripsi* entitled "Senior High School Students' Percetpion of Causes of Anxiety in English Public Speaking" is submitted as the final requirement in accomplishing the undergraduate degree at English Language Education Department of Faculty of Language Education at Universitas Muhammadiyah Yogyakarta. Additionally, I would like to express my deepest appreciation to:

- 1. My beloved parents Prasetyo Hermawan and Dwi Rahayu Akhadiyati, who always gives support to achieve my dreams and loves me.
- 2. The dearest supervisor, Mr.Endro for his patience, motivation, suggestion, and help for me to finish this *skripsi*.
- 3. My proposal examiner, Mr. Jati and my two thesis examiners, Mrs. Eko and Mrs. Jackie. Those who provided input and suggestions in this research.
- 4. All beloved friends BEM FPB UMY who have big contribution during my study at ELED of UMY.
- 5. The last for my beloved Umoi who have huge, a ton of love for me to finish this *skripsi*.

Table of Content

Approval Sheet	i
Statement of Authenticity	ii
Acknowledgement	iii
Abstract	iv
Chapter One	1
Introduction	1
Background of the Research	1
Identification of the Problem	5
Delimitations of the problems	6
Research Questions	7
Objectives of the research	8
Significance of the Research	8
Chapter Two	10
Literature Review	10
Public Speaking	10
Anxiety in English Public Speaking	11
Factors Contributing Anxiety in English Public Speaking	12
Strategies to Overcome Anxiety of English Public Speaking	16
Review of Related Studies	21
Theoretical Framework	24
Conceptual Framework	25
Chapter Three	28
Methodology of The Research	28
Research Methodology	28
Research Setting	29
Research Participant	30
Data Collection Method	31
Research Instruments	33
Data Collection Procedure	34
Data Analysis	36
Chanter Four	40

Findings and Discussion	40
Chapter Five	50
Conclusion and Recommendation	50
Conclusion	50
Recommendations	51
References	53
Attachment	60