Teachers' Strategies to Reduce Students' Anxiety in Learning English in a Higher Education Institution

A Skripsi

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For the degree

Sarjana Pendidikan

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Authenticity Statement

I, the under design,

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honestly declare that *skripsi* entitled "Teachers' Strategies to Reduce Students' Anxiety in Learning English in a Higher Education Institution" which I wrote is purely genuine work and does not contain the works or the part of works of other people, except those cited in quotation and references.

Yogyakarta, July 28, 2020

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Abstract

In the English learning process, there are various problems that students faced; one of the problems is anxiety. Anxiety in learning English is a specific problem in learning language where the problem is closely related to students' acquisition, especially in psychological aspects. Anxiety has a negative impact on learning because anxiety can inhibit students' achievement in learning. This research aims to find out the teaching strategies to reduce students' anxiety in learning English and the difficulties that the teacher faced in implementing those of strategies to reduce student anxiety in learning English in a higher education institution. This research applied a qualitative method with a descriptive qualitative approach as research design used to obtain the research objectives. This research was conducted at a private university in Yogyakarta, which involved four lecturers of that university as the participants. Interviewed was done by an in- depth interview. Based on the interview, the finding of this research revealed that the strategies used by the teachers to reduce students' anxiety in learning English at a private university in Yogyakarta are using humour in the classroom, giving motivation and suggestion, conducting group discussion, providing time to prepare, and having consultation session. The research also found some difficulties that teacher faced in implemented those of the strategies were discovering English proficiency levels, finding different background, facing students' indiscipline, and doing plagiarism.

Keywords: English learning, students' anxiety, teachers' strategies, teacher difficulties.

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Approval Sheet

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