

**The Students' Negative Emotions and Their Coping Strategies in Learning**

**English**

*A Skripsi*

Submitted to the Faculty of Language Education n a Partial Fulfillment of the

Requirement for the Degree

*Sarjana Pendidikan*



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2020

### **Statement of Authenticity**

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Certify that this Skripsi with the title “The Students’ Experience on Negative Emotions in Learning English” is authentic. I am completely responsible for the content of this research. Others’ opinion or findings included in this research are quoted in accordance with ethical standards.

Yogyakarta, February 25<sup>th</sup> , 2020

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## **Acknowledgement**

I really thank Allah that gives me powers and allowances to finish my skripsi. He is the one and only who I worshipped. Because of his chance I would be able to do this research and finished it. And full of thanks also given to Prophet Muhammad SAW that gives all the people in the world true light of Islam and guidance to the right way including myself.

I want to say thank you to my beloved parents, Ibu Tuti and Bapak Suharto. Because of their support and effort I am able to take education in Universitas Muhammadiyah Yogyakarta. They also give me lots of support in doing this research even when I am in my down side and wanting to give up, they keep me grounded and support me to stand on my feet again. To my supervisor, Ms Indah Puspawati, S.Pd., M.A. and my examiner Ms Evi Puspitasari, S.Pd., M.Hum and Ms Arifah Mardiningrum, S.Pd., M.A. They helped me doing this research. They helped and corrected my research until it is finished.

Other thanks are given to all of my special people in my life. Falicha, Wiza, Wulan, Alifa, Ririn, Reda, Icha and Folta who believed in me, so that I have powers to believe in myself in finish my *skripsi*. They also support me when I was about to give up, and give me lots of love and help me out in my hard days. Also the last thanks are given to all of my participants, because of them I was able to finish my *skripsi* and got the data that I needed to write down this research.

Best Regards,  
Syabella Khirina

## **Abstract**

Emotion is one of the important factors that could affect someone's thinking and behavior. Emotion is divided into two types, positive emotion and negative emotions. Positive emotions make the learning efficient meanwhile negative emotions could block out the students' brain in accepting new theories. This research aims to investigate the students' experience on negative emotions in English learning. This research was conducted in one private university in Yogyakarta. Descriptive qualitative was used in this research, and interview was used to collect the data. Six students of batch 2019 of English education major were the participants of this research. This research revealed that there were seven types of negative emotions that the students experienced in English learning. Those negative emotions were anxiety, embarrassment, boredom, confusion, anger, sadness, and hopelessness. The researcher also found the strategies that the students used in minimizing their negative emotions. Those strategies were: finding distractions, motivating themselves, and seeking support and help from other people.

*Keywords:* emotions, negative emotions, types of negative emotions, strategies to minimize negative emotions

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