

**Speaking Anxiety among the First Year Students of English Language
Education Department at a Private University in Yogyakarta**

A Skripsi

Submitted to Language Education Faculty as a Partial Fulfillment of the
Requirements for the Degree of

Sarjana Pendidikan



RAHAJENG YUSTI RISMAYA

20120540043

**ENGLISH LANGUAGE EDUCATION DEPARTMENT
FACULTY OF LANGUAGE EDUCATION
UNIVERSITAS MUHAMMADIYAH YOGYAKARTA**

2020

Statement of Authenticity

I am a student with the following identify:

Name : Rahajeng Yusti Rismaya
NIM : 20120540043
Program Study : English Language Education Department
University : Universitas Muhammadiyah Yogyakarta

I certify that the *skripsi* with the title "Speaking Anxiety among the First Year Students of English Language Education Department at a Private University in Yogyakarta" is definitely my own work. I am completely responsible for the content of this paper. Others' opinion and result included in this *skripsi* are quoted in accordance with ethical standards of scientific papers.

Yogyakarta, October 23, 2020



Rahajeng Yusti Rismaya

Motto

“It’s the possibility of having a dream come true that makes life interesting ... and when you want something, all the universe conspires in helping you to achieve it.”

– Paulo Coelho, *The Alchemist*

Acknowledgment

Deepest gratitude to Allah SWT,
to supervisors,
to my family by blood,
to my family by bond; Geng Keos, Maba Manjah, Grup Ngupi, Fogex & KaPe,
to my fighter sisters; Lastu & Dede,
to my sisters from another misters; Pipi, Petno & Pika,
to my green baby; Hara-chan,
to my other mothers and other fathers,
to the lights of my life; stray cats & virtual children,
to everyone who prayed for me and believed in me, and
to Mr. ث .

Big, long hugs and tons of shoulder pats to the past me.

Thank you for choosing to keep going and believing that this life is worth living.

The present me is so proud and grateful.

Rahajeng Ainun

Table of Contents

Cover	i
Approval Page.....	ii
Statement of Authenticity	iii
Motto.....	iv
Aknowledgment	v
Abstract	vi
Table of Contents	vii
Chapter One	1
Introduction.....	1
Background of the Reseach.....	1
Identification of the Problem.....	3
Delimitation of the Problem	3
Research Question.....	4
Objectives of the Study.....	5
Significance of the Research	5
Chapter Two.....	6
Literature Review.....	6
Anxiety.....	6
Foreign Language Anxiety.....	8
Speaking Anxiety.....	10

Factors Contributing to Students' Speaking Anxiety.....	13
Review of Related Studies.....	17
Conceptual Frameworks.....	19
<u>Chapter 3.....</u>	21
Methodology.....	21
Research Design.....	21
Research Setting.....	22
Research Participants.....	22
Data Collection Technique.....	23
Data Collection Procedures.....	24
Data Analysis.....	25
Chapter four.....	28
Finding and Discussion.....	28
Factors that contribute to the English Education Department First Year Students' Speaking Anxiety.....	28
<i>Internal Factors</i>	28
<i>External Factors</i>	32
Chapter Five.....	34
Conclusion and Recommendation.....	34

Conclusion.....	34
Recommendation.....	35
References	37
Appendices	42