

**The Implementation of Extracurricular Activities Used by Islamic Modern Boarding
School for Girls: Alumni Perspective**

A Skripsi

Submitted to Language Education Faculty as partial fulfillment

of the requirement for the degree of

Sarjana Pendidikan



Nora Varoucka Utty

20140810158

English Language Education Department

Language Education Faculty

Universitas Muhammadiyah Yogyakarta

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Approval Sheet

The Implementation of Extracurricular Activity Used by Islamic Modern
Boarding School for Girls: Alumni Perspective

We hereby approve the *skripsi* of

Nora Varoucka Utty

20140810158

Candidate for the degree of *Sarjana Pendidikan*

April 2nd, 2020



Endro Dwi Hatmanto, Ph.D

The *skripsi* advisor

April 2nd, 2020



Sri Rejeki Murtiningsih, Ph.D.

Examiner 1

April 2nd, 2020



Mariska Intan Sari, M.A

Examiner 2



Accepted

Dr. Suryanto

Dean of Language Education Faculty

Yogyakarta, April 15th, 2020

Statement of Authenticity

I am a student with the following identity:

Name : Nora Varoucka Utty

Students Number : 20140810158

Department : English Language Education Department

Faculty : Language Education Faculty

University : Universitas Muhammadiyah Yogyakarta

Certify that this *skripsi* entitled " The Implementation of Extracurricular Activities Used by Islamic Modern Boarding School for Girls: Alumni Perspective" was my work. I am completely responsible for the content of this research. Others' opinions or findings included in this *skripsi* quoted under ethical standards.

Yogyakarta, April 2nd, 2020

Nora Varoucka Utty
Student No. 20140810158

Acknowledgment

This *skripsi* was one of the small achievements in completing my undergraduate studies. In my life cycle, success does not only come from my potential abilities. Many individuals were willing to help fight for me and supporting the steps I took for my success, whether I realized it or not. First of all, I wanted to thank Allah, who always guided me to walk in the right life. Without His grace, this project cannot become a reality. Second, I wanted to thank my lovely family:

Mr. Masud, S.P as my father

Mrs. Sri Suryanti as my mother

Mr. Aqel Varouck Utty as my brother

Miss. Adila Varoka Utty as my younger sister

They were my front guard in living this life. Prayers and their love made me able to complete this task. Third, I sincerely thank my *skripsi* supervisor Mr. Endro Dwi Hatmanto, S. Pd., M. A., Ph. D., who patiently guided me through this *skripsi*. Fourth, I wanted to thank my participants who were willing to take the time to help me completing the data in this final project. Last but not least, I thank all my lecturers, relatives, and friends who always helped and encouraged me in learning. From them, I knew what the true meaning of life was.

Regards,

Nora Varoucka Utty

Motto

... وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مَخْرَجًا ۖ ﴿٢﴾ وَيَرْزُقْهُ مِنْ حَيْثُ لَا يَحْتَسِبُ ۗ... ﴿٣﴾

And whosoever fears Allah and keeps his duty to Him; He makes way for him to get out (from every difficulty). And He provides him from (sources) he never imagined.

(Al-Thalaq, 2-3)

Abstract

Being a teacher was very noble. In schools, teachers were not only teaching, but they were also fostering and developing the school. In developing the school, the teacher chose the activities that needed to implement; one of them was an extracurricular activity. Participation in extracurricular activities (ECAs) recently found to be a considerable benefit for students. This increased participation has good and bad effects on students. This research used a qualitative methodology, a descriptive design used to collect data about participants' perspectives. In choosing the participants, the researcher used a non-probability sample. The researcher chose four alumni that have graduated in the year 2017. Islamic Modern Boarding School for Girls in East Java Indonesia chosen as a set of research. Furthermore, the interview chose as an instrument and the interview guide approach as the interview type. The researcher used the indirect question as a format of the question. Also, the finding of the first research question revealed that there were six findings found in the benefit of joining ECAs. The first one was that ECAs developed English Language skills. Followed by increased students' cognitive skills, next, ECAs increased students' psychological health feeling, then, ECAs increased Interpersonal Skills, students' self-development, and the last, ECAs united diversity. Besides, there were three finding that the researcher found in the drawbacks of joining ECAs. The first one was that ECAs displace formal school activity. Next, ECAs reduced study time and academic performance. The last, ECAs gave much pressure.

Keywords: extracurricular activities, Islamic Modern Boarding School (IMBS) for Girls

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List of Abbreviation

1. ECAs : Extracurricular Activities
2. ESL : English as a Second Language
3. EFL : English as a Foreign Language
4. IMBS : Islamic Modern Boarding School
5. (n.d) : No Date
6. COORD : Coordinator of Scout Movement
7. KAGUDEP (*Ketua Gugusdepan*) : Chief of Group of Scout Movement
8. SOPM (*Student Organization of Pondok Modern*) : Students' Organization of Islamic Modern Boarding School
9. Mabigus (*Majelis Pembimbing Koordinator*) : Supervisor of Scout Council
10. PBB (*Pasukan Baris-Berbaris*) : Marching Troops
11. MALDA (*Majalah Lintas Darussalam*) : Students' Magazine Publication
12. ANKULAT (*Andalan Koordinator Urusan Latihan*) : Training Section of the Scout Movement
13. ANKUSET (*Andalan Koordinator Urusan Kesekretariatan*) : Secretary Section of Scout Movement
14. ANKUKUANG (*Andalan Koordinator Urusan Keuangan*) : Finance Section of the Scout Movement
15. ANKUKEDAP (*Andalan Koordniator Urusan Kedai*) : Scout's Shop of Scout Movement

Pramuka)

16. ANKUPERPUS (*Andalan* : Library Section of the Scout Movement

Koordinator Urusan

Perpustakaan)

17. ANKUPERKAP (*Andalan* : Equipment Section of the Scout Movement

Koordinator Urusan

Perlengkapan)

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