

DAFTAR PUSTAKA

- Adiatma, D. C. (2014). Prevalensi dan Jenis Anemia pada Pasien Penyakit Ginjal Kronik yang Menjalani Hemodialisis Reguler (Studi di RSUP DR, Kariadi Semarang). Skripsi.
- Arzi, A., Sela, L., Green, A., Givaty, G., Dagan, Y., Sobel, N. (2010). The influence of odorants on respiratory patterns in sleep. *Chemical Senses*, pp. 31-40.
- Bakitas, M., Lyons, K. D., Hegel, M. T., Balan, S., Barnett, K. N., Brokaw, F. C., Byock, I. R., Hull, J. G., Li, Z., McKinstry, E., Seville, J. L., Ahles, T. A. (2014). The Project ENABLE II Randomized Controlled Trial to Improve Palliative Care for Patients with Advanced Cancer. *JAMA: The journal of the American Medical Association*, 1(Palliative Care), pp. 1-9. Mar;7(1):75-86.
- Barulich, Anna Lynn., Rizzardi, Kristy., Sunden, Kerith. (2012). Sleep Hygiene In Hospitalized Adults. *Pharmacy and Nursing Student Research and Evidence-Based Medicine Poster Session*. Paper 28. http://digitalcommons.cedarville.edu/pharmacy_nursing_poster_session/28
- Beddhu, S., Pappas, L. M., Ramkumar, N., Samore, M. (2003). Effects of Body Size and Body composition on Survival in Hemodialysis Patients. Division of Nephrology and Hypertension.
- Chadijah, S., Wirawanni, Y. (2013). The Differences in Nutrition Status, Ureum and Creatinin Levels among Chronic Renal Failure with Diabetes Mellitus and Non Diabetic Patients in RSUD dr. Zainoel Abidin Banda Aceh.
- Chien, Li-Wei., Cheng, S., Liu, C. (2012). The effect of lavender aromatherapy on autonomic nervous system in midlife women with insomnia. *Evidence-Based Complementary and Alternative Medicine. Department of Obstetrics and Gynecology, Taipei Medical University Hospital, Taipei, Taiwan.*
- Cho, M., Min, E. S., Hur, M.-H., Lee, M. S. (2013). Effects of Aromatherapy on the Anxiety, Vital Signs, and Sleep Quality of Percutaneous Coronary Intervention Patients in Intensive Care Units. *Hindawi Publishing Corporation*. Epub 2013 Feb 17.
- Dahlan, M. S. (2013). Statistik untuk Kedokteran dan Kesehatan, Jakarta: Salemba Medika.

- Fahmia, N. I., Mulyati, T., Handarsari, E. (2012). Hubungan Asupan Energi dan Protein dengan Status Gizi pada Penderita Gagal Ginjal Kronik yang Menjalani Hemodialisa Rawat Jalan di RSUD Tugurejo Semarang. *Tesis*.
- Fasset, R. G., Robertson, I. K., Mace, R., Youl, L., Challenor, S., Bull, R. (2011). Palliative care in end-stage kidney disease. *Nephrology*, 16(Kidney Disease), pp. 4-12. Jan;16(1):4-12.
- Fonseca, N. T., Santos, I. R., Fernandes, V., Fernandes, V. A. T., Lopes, V. C. D., Luis, V. F. O. (2014). Excessive daytime sleepiness in patients with chronic kidney disease undergone hemodialysis.
- Fructuoso, M. R., Castro, R., Oliveira, L., Prata, C., Morgado, T. (2011). Quality of Life in Chronic Kidney Disease. *Originales*; 31(1): 91–96. doi: 10.3265/Nefrologia.pre2010.Jul.10483
- Ginting, A. R. (2010). Manifestasi Oral pada Penyakit Ginjal Kronis. *Skripsi*. Divisi Nefrologi & Hipertensi. Departemen Ilmu Penyakit Dalam FKUSU.
- Goes, T. C., Antunes, F. D., Alves, P. B., Teixeira-Silva, F. (2012). Effect of sweet orange aroma on experimental anxiety in humans. *J Altern Complement Med*; 18(8):798-804. doi: 10.1089/acm.2011.0551. Epub 2012 Jul 31.
- Hirokawa, K., Nishimoto, T., Taniguchi, T. (2012). Effects of lavender aroma on sleep quality in healthy Japanese students. *Percept Mot Skills*; 114(1):111-22.
- Ingsathit, A., Thakkinstian, A., Chairprasert, A., Sangthawan, P., Gojaseni, P., Kiattisunthorn, K., Ongaiyooth, L., Vanavanant, S., Sirivongs, D., Thirakhupt, P., Mittal, B., Singh, A. K. (2009). Prevalence and risk factors of chronic kidney disease in the Thai adult population: Thai SEEK study. *Nephrol Dial Transplant* (2010) 25: 1567–1575 doi: 10.1093/ndt/gfp669
- Insani, T. E. (2014). Gambaran Tekanan Darah dan Berat Badan Pasien Gagal Ginjal Kronik yang menjalani Hemodialisis di RSU Stella Maris Makassar.
- Jefferson, T. D., Schmidt-Nowara, W., Jessop, C. A., Ahearn, J. (2010). Sleep Restriction Therapy and Hypnotic Withdrawal versus sleep hygiene education in hypnotic using patients with insomnia. *J Clin Sleep Med*. 2010 Apr 15;6(2):169-75
- Johnson, D. & Roberson, A., 2013. The Evaluation of the Effectiveness of Relaxation Training and Sleep Hygiene Education for Insomnia of Depressed Patients. *Clinical Scholars Review*, pp. 39-46(8).

- Joshi, V., Suchin, V., Lim, J, 2010. Smoking Cessation: Barriers, Motivators and the Role of Physicians - A Survey of Physicians and Patients. *Proceedings of Singapore Healthcare, Volume 19*, pp. 45-153.
- Kamaluddin, R., Rahayu, E. (2009). Analisis Faktor-Faktor yang Mempengaruhi Kepatuhan Asupan Cairan pada Pasien Gagal Ginjal Kronik dengan Hemodialisis di RSYD prof. Dr . Margono Soekarjo Purwokerto. *The Soedirman Journal of Nursing*. Vol. 4 No. 1.
- Kazama, J. K., Kazama, S., Koda, R., Yamamoto, S., Narita, I., Gejyo, F. (2009). The Risk Of Gallbladder Stone Formation Is Increased in Patients with Predialysis Chronic Kidney disease but not Undergoing Chronic Hemodialysis therapy. *Nephron Clinic Practice*, pp. 111: c167-c172.
- Khawaja, I. S., Azeem, M. W., Ebrahim, A., Niazi, S. K. (2014). Non-Pharmacological Management Of Chronic Insomnia in Clinical Practice. *Minnesota Regional Sleep Disorders Center at Hennepin County Medical Center*, p. 34.
- Korevaar, J., Jansen, M. A. M., Merkus, M. P., Dekker, F. W., Boerchotan, E. W., Krediet, R. T. (2010). Quality of Life in Predialysis End-Stage Renal Disease Patients At The Initiation of Dialysis Therapy. Department of Clinical Epidemiology and Biostatistics. *Peritoneal Dialysis International*, pp. 69-75.
- Koulivand, P. H., Khaleghi Ghadiri, M., & Gorji, A. (2013). Lavender and the nervous system. *Evidence-Based Complementary and Alternative Medicine*, 2013.
- LeBourgeois, M. K., Giannotti, F., Cortesi, F., Wolfson, A. R., Harsh, J. (2005). The Relationship Between Reported Sleep Quality and Sleep Hygiene in Italian and American Adolescents. *PEDIATRICS*, p. 257; 115(1 Suppl):257-65
- Lee, Y.-L., Wu, Y., Tsang, H. W., Leung, A. Y., Cheung, M. W. (2011). A Systematic Review on the Anxiolytic Effects of Aromatherapy in People with Anxiety Symptomps. *The Journal of Alternative and Complementary Medicine*, pp. 101-108;17(2):101-8. doi: 10.1089/acm.2009.0277. Epub 2011 Feb 10.
- Lillehei, A. S. (2014). Effect of Lavender Aromatherapy via Inhalation and Sleep Hygiene on Sleep in College Students with Self-reported Sleep Issues. *Dissertation*. Retrieved from the University of Minnesota Digital Conservancy, <http://hdl.handle.net/11299/165750>.

- Lim, J. & Dinges, D. F. (2010). A meta-analysis of the impact of short-term sleep deprivation on cognitive variables. *Physhological Bulletin*, pp. 375-389.
- Luana, N. A., (2012). Kecemasan pada Penderita Penyakit Ginjal Kronik yang Menjalani Hemodialisis di RS Universitas Kristen Indonesia. *Media Medika Indonesiana*.
- Moeini, M., Khadibi,M., Bekhradi, R., Mahmoudian, S. A., Nazari, F. (2010). Effect of aromatherapy on the quality of sleep in ischemic heart disease patients hospitalized in intensive care units of heart hospitals of the Isfahan University of Medical Sciences. *Iran J Nurs Midwifery Res*. 2010 Fall;15(4):234-9
- Merlino, G., Piani, A., Dolso, P. & Adorati, M. (2006). Sleep Disorders in patients with End-stage Renal Disease Undergoing Dialysis Therapy. *Nephrology Dialysis Transplantation*.
- Molony, D. A., (2014). *KDQOL: A Powerful Under-utilized tool*. [Online] Available at: <http://www.esrdnetwork.org/assets/pdf/KDQOL/KDQOLdr%20molonyrevised.pdf> [Diakses 20 Maret 2015].
- National Kidney Foundation. Chronic kidney disease. 2010. <https://www.kidney.org/atoz/content/dialysisinfo> disitasi: 16 Februari 2016.
- Notoatmodjo, S. (2010). Metodologi Penelitian Kesehatan. Jakarta: Rineka Cipta.
- Nur, Edy. (2008). Hubungan Asupan Zat Gizi dan Status Gizi dengan kualitas hidup penderita penyakit ginjal kronik yang menjalani hemodialisa di RSUD M. Yunus Bengkulu. UGM.
- Nurchayati, Sofiana. (2010). Analisis Faktor-Faktor yang Berhubungan dengan Kualitas Hidup pasien Penyakit Ginjal Kronik yang menjalani Hemodialisa di Rumah Sakit Islam Fatimah Cilacap dan Rumah Sakit Umum Daerah Banyumas. Depok: FIK UI.
- O'hare, A. M., Choi, A. I., Bertenthal, D., Bacchetti, P., Garg, A. X., Kaufman, J. S., Walter, L. C., Mehta, K. M., Steinman, M. A., Allon, M., McClellan, W. M., Landefeld, C. S. (2007). Age affects outcomes in chronic kidney disease. *Journal American Society Nephrology*, October.

- Orlic, L., Crnceanu, Z., Pavlovic, D., Zaputovic, L.. (2010). Bone Mineral Densitometry in Patients On Hemodialysis: Difference between genders and what to measure Bone Mineral Density in Hemodialysis Patients. *Renal Failure*, pp. 300-308.
- Parsudi A.I. (2009). Ginjal Dan Hipertensi Pada Usia Lanjut dalam Geriatri Ilmu Kesehatan Usia Lanjut. Edisi 4. Jakarta: FK-UI, hal; 489.
- Perazella, M. A. & Reilly, R. F. (2005). Nephrology in 30 days. *McGraw-Hill*, pp. 251-74.
- Pernambuco, C. S., Rodrigues, B. M., Bezerra, J. C. P., Carrielo, A., Fernandes, A. D. O., Vale, R. G. S., Dantas, E. H. M. (2011). Quality of life, elderly and physical activity.
- Post, J. B., Jegede, A. B., Morin, K., Spungen, A. M., Langhoff, E., Sano, M. (2010). Cognitive Process of Chronic Kidney Disease and Hemodialysis Patients without Dementia. *Nephron Clinic Practician*, 116(3): c247-c255.
- Pratiwi, D. A. (2014). Hubungan Dukungan Keluarga dengan Tingkat Depresi Pasien Gagal Ginjal Kronik dengan Hemodialisa di RD PKU Muhammadiyah Yogyakarta.
- Price, S. A. & Wilson, L. M. (2005). *Patofisiologi Konsep Klinis Proses-proses Penyakit*. Jakarta: EGC.
- Putri, R., Sembiring, L. P., Bebasari, E. (2014) Gambaran Kualitas Hidup Pasien Gagal Ginjal Kronik Yang Menjalani Terapi Continuous Ambulatory Peritoneal Dialysis Di RSUD Arifin Achmad Provinsi Riau Dengan Menggunakan Kuesioner KDQOL-SF.
- Riskesdas, Balitbang RI. 2013. Riset Kesehatan Dasar; RISKESDAS. Jakarta: Balitbang Kemenkes RI.
- Robbins, S. P. a. J. T. A. (2012). *Perilaku Organisasi Buku 2*. Jakarta: Salemba.
- Russell, M., Tirado, G. L., Pacheco, D. R. L., Escamilla, S. R., Lopez, C. M. (2011). Work Climate in Mexican Hemodialysis Units: A Cross-Sectional Study. *Nefrologia*, pp. 31 (1): 76-83.
- Sameiro-Faria, M. D., Ribeiro, S., Costa, E., Mendonça, D., Teixeira, L., Rocha-Pereira, P., ... & Amado, L. (2013). Risk factors for mortality in hemodialysis patients: two-year follow-up study. *Disease markers*, 35(6), 791-798.

- Stringer, J., Donald, G. (2011). Aromatics in cancer care: an innovation not to be sniffed at. *Complement Ther Clin Pract.* 2011 May;17(2):116-21. doi: 10.1016/j.ctcp.2010.06.002
- Suharyadi, A., & Sukohar, A. (2014). Pengaruh Pemberian Ekstrak Etanol Daun Sirsak Terhadap Gambaran Histopatologi Ginjal Tikus Yang Diinduksi Dmba. *Majority*, 3(4).
- Tanase-Nakao, K., Naruse, M., Nanba, K., Tsuiki, M., Tagami, T., Usui, T., Okuno, H., Shimatsu, A., Hashimoto, S., Katabami, T., Ogo, A., Okumura, A., Umakoshi, H., Suzuki, T. (2014). Chronic Kidney Disease Score for Predicting Postoperative Masked Renal Insufficiency in Patients with Primary Aldosteronism. *Clinical Endocrinol*, ;81(5):665-70. doi: 10.1111/cen.12497. Epub 2014 Jun 12.
- Taylor, D., Schmidt-Nowara, W., Jessop, C. & Ahearn, J. (2010). Sleep restriction therapy and hypnotic withdrawal versus sleep hygiene education in hypnotic using patients with insomnia.. *J Clin Sleep Med*, pp. 169-175.
- Theofilou, P. (2014). Palliative Care in End - Stage Kidney Disease. *Nephrology and Theraupetic*, 2(Palliative), p. 21.
- Voinescu, B. L., Szentagotai-Tatar, A. (2015). Sleep Hygiene awareness: its relation to sleep quality and diurnal preference. *Journal of Molecular Psychiatry* 3:1; DOI 10.1186/s40303-015-0008-2