



**UMY** UNIVERSITAS  
MUHAMMADIYAH  
YOGYAKARTA  
Unggul & Islami

**UMYGrace**  
**Undergraduate Conference**

20 July 2022

## Letter Of Acceptance

Dear Author(s): Natalia Siyamti , Natalia Siyamti

Thank you very much for committing to attend the Universitas Muhammadiyah Yogyakarta Undergraduate Conference (UMYGrace) 2022. We are pleased to inform you that your paper [papereid] , entitled:

***"STUDI KASUS : PROGRESSIVE MUSCLE RELAXATION THERAPY (PMRT)  
UNTUK MENURUNKAN KECEMASAN PADA PASIEN PRE OP HERNIA  
INGUINALIS "***

has been reviewed and accepted to be presented at Grace 2022 conference to be held on 10 August 2022 in Universitas Muhammadiyah Yogyakarta, Indonesia.

### 1. Please submit your full paper

Send your full paper file to the UMYGrace Committee through <https://conference.umy.ac.id/> no longer than 16 May 2022. The author must pay prior to full paper upload. The guidelines to payment and submit full paper can be accessed through this <https://bit.ly/PaymentandFullpaperGuideline>

### 2. Please join the WhatsApp group listed bellow

Business Management and Accounting : <https://bit.ly/BMA3rdUMYGrace>  
Social Humanities, Religious Studies and Law : <https://bit.ly/SRL3rdUMYGrace>  
Health and Nursing : <https://bit.ly/HN3rdUMYGrace>  
Engineering and Technology : <https://bit.ly/ET3rdUMYGrace>

The information regarding conference details and publication will be informed later through email or WhatsApp group, please stay connected. The certificate will be delivered to participants who has completed the conference process until the end.

For further information please visit our website at: [grace.umy.ac.id/2022/](https://grace.umy.ac.id/2022/). If you have any questions, please contact us by email at [grace@umy.ac.id](mailto:grace@umy.ac.id) or by phone at +62 822 3344 2042.

We wish you all the best and look forward to seeing you at the conference.

Best Regards,  
The UMYGrace Committee



**Zuhud Rozaki, S.P., M.App.Sc, Ph.D.**



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Universitas Muhammadiyah Yogyakarta  
Undergraduate Conference

The 3<sup>rd</sup> Universitas Muhammadiyah  
Yogyakarta Undergraduate  
Conference 2022

"Strengthening Youth Potential for  
Sustainable Innovation"

# CERTIFICATE OF PARTICIPATION

Certificate Number: 1062/A.4-VIII/VII/2022

This certificate is awarded to:

**Natalia Siyamti**

In acknowledgement of your participation as

# Presenter

At 3<sup>rd</sup> Universitas Muhammadiyah Yogyakarta Undergraduate  
Conference held on 10<sup>th</sup> August 2022  
at the Universitas Muhammadiyah Yogyakarta, Indonesia  
by virtual conference

Rector of  
Universitas Muhammadiyah Yogyakarta



Prof. Dr. Ir. Gunawan Budiyanto, M.P., IPM

Chairperson of  
3<sup>rd</sup> UMY Grace 2022



Universitas Muhammadiyah Yogyakarta  
Undergraduate Conference

Muhammad Ibnu Rahmata